Hanuman Chalisa

श्री हनुमान चालीसा

Roman reading aid | Attributed to Goswami Tulsidas

Complete text: two opening dohas, forty chaupais and one closing doha. Roman letters are a reading aid, not an English translation.

OPENING DOHA 1

Shri Guru charan saroj raj, nij manu mukuru sudhari.
Baranau Raghubar bimal jasu, jo dayaku phal chari.

OPENING DOHA 2

Buddhiheen tanu janike, sumirau Pavan-Kumar.
Bal buddhi bidya dehu mohi, harahu kalesh bikar.

CHAUPAI 1

Jai Hanuman gyan gun sagar,
jai Kapis tihun lok ujagar.

CHAUPAI 2

Ram doot atulit bal dhama,
Anjani-putra Pavansut nama.

CHAUPAI 3

Mahabir bikram Bajrangi,
kumati nivar sumati ke sangi.

CHAUPAI 4

Kanchan baran biraj subesa,
kanan kundal kunchit kesa.

CHAUPAI 5

Hath bajra au dhwaja biraje,
kandhe moonj janeu saje.

CHAUPAI 6

Sankar suvan Kesari-nandan,
tej pratap maha jag bandan.

CHAUPAI 7

Bidyavan guni ati chatur,
Ram kaj karibe ko atur.

CHAUPAI 8

Prabhu charitra sunibe ko rasiya,
Ram Lakhan Sita man basiya.

CHAUPAI 9

Sukshma roop dhari Siyahi dikhava,
bikat roop dhari Lank jarava.

CHAUPAI 10

Bheem roop dhari asur sanhare,
Ramchandra ke kaj sanvare.

CHAUPAI 11

Laye Sajivan Lakhan jiyaye,
Shri Raghubir harashi ur laye.

CHAUPAI 12

Raghupati kinhi bahut badai,
tum mam priya Bharatahi sam bhai.

CHAUPAI 13

Sahas badan tumharo jas gavein,
as kahi Shripati kanth lagavein.

CHAUPAI 14

Sanakadik Brahmadi munisa,
Narad Sarad sahit Ahisa.

CHAUPAI 15

Jam Kuber Digpal jahan te,
kabi kobid kahi sake kahan te.

CHAUPAI 16

Tum upkar Sugrivahi kinha,
Ram milaye raj pad dinha.

CHAUPAI 17

Tumharo mantra Bibhishan mana,
Lankeswar bhaye sab jag jana.

CHAUPAI 18

Jug sahastra jojan par Bhanu,
leelyo tahi madhur phal janu.

CHAUPAI 19

Prabhu mudrika meli mukh mahin,
jaladhi langhi gaye achraj nahin.

CHAUPAI 20

Durgam kaj jagat ke jete,
sugam anugrah tumhare tete.

CHAUPAI 21

Ram duare tum rakhvare,
hot na agya binu paisare.

CHAUPAI 22

Sab sukh lahai tumhari sarna,
tum rachchhak kahu ko dar na.

CHAUPAI 23

Aapan tej samharo aapai,
teenon lok hank te kanpai.

CHAUPAI 24

Bhoot pisach nikat nahin aavai,
Mahabir jab naam sunavai.

CHAUPAI 25

Nasai rog harai sab peera,
japat nirantar Hanumat beera.

CHAUPAI 26

Sankat te Hanuman chhudavai,
man kram bachan dhyan jo lavai.

CHAUPAI 27

Sab par Ram tapasvi raja,
tin ke kaj sakal tum saja.

CHAUPAI 28

Aur manorath jo koi lavai,
soi amit jeevan phal pavai.

CHAUPAI 29

Charon jug partap tumhara,
hai parsiddh jagat ujiyara.

CHAUPAI 30

Sadhu sant ke tum rakhvare,
asur nikandan Ram dulare.

CHAUPAI 31

Ashta siddhi nau nidhi ke data,
as bar deen Janaki mata.

CHAUPAI 32

Ram rasayan tumhare pasa,
sada raho Raghupati ke dasa.

CHAUPAI 33

Tumhare bhajan Ram ko pavai,
janam janam ke dukh bisravai.

CHAUPAI 34

Ant kaal Raghubar pur jai,
jahan janma Hari-bhakt kahai.

CHAUPAI 35

Aur devta chitt na dharai,
Hanumat sei sarb sukh karai.

CHAUPAI 36

Sankat katai mitai sab peera,
jo sumirai Hanumat balbeera.

CHAUPAI 37

Jai jai jai Hanuman Gosain,
kripa karahu Gurudev ki nain.

CHAUPAI 38

Jo sat bar path kar koi,
chhootahi bandi maha sukh hoi.

CHAUPAI 39

Jo yah padhai Hanuman Chalisa,
hoy siddhi sakhi Gaurisa.

CHAUPAI 40

Tulsidas sada Hari chera,
keeje Nath hriday mahan dera.

CLOSING DOHA

Pavan tanay sankat haran, mangal murati roop.
Ram Lakhan Sita sahit, hriday basahu sur bhoop.

Text reference: Shri Hanuman Chalisha, Gita Press, Gorakhpur. Verse order and wording checked against the Gita Press booklet, printed pages 1–14 (scan pages 3–16), booklet no. 227. Spacing, punctuation and minor spelling are normalized. Roman transliteration is Japo’s reading aid, not an English translation.
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